

RC2

THE CHURCH
EXPLORED

YOUTH SERIES

02. CHRISTIANITY CANNOT BE LIVED ALONE

Why Jesus Calls Believers Into Real Community



BIG IDEA

Following Jesus is personal, but never meant to be isolated. Christ forms believers through worship, fellowship, encouragement, accountability, service, and shared life together within the church.

KEY SCRIPTURE

Hebrews 10:24–25

Additional:
Acts 2:42–47
Ecclesiastes 4:9–12
Galatians 6:2

MEMORY VERSE

Hebrews 10:25

*“Not forsaking
the assembling
of ourselves
together...”*

MAIN QUESTION

Why Do
Christians Need
Other Christians?

ESTIMATED TIME

45
MINUTES

SESSION SNAPSHOT



OPENING ACTIVITY
10 min



TEACHING
15 min



DISCUSSION
15 min



PRAYER &
CHALLENGE
5 min

SESSION GOALS

By the end of this session, students should understand:

- Isolation weakens spiritual growth.
- God designed believers for community.
- Worship and fellowship strengthen faith.
- Encouragement and accountability matter.
- Online content cannot fully replace gathered church life.
- Christ forms believers together.



LEADER TIP

Many students already feel lonely or disconnected.

Avoid shaming students for:

- struggling socially
- drifting spiritually
- or feeling awkward in church.

Focus on:
Christ's invitation into belonging and shared life.



OPENING ACTIVITY

“Can You Do It Alone?”

SUPPLIES: 1 broomstick or bundle of pencils/sticks, rubber bands or tape

STEP 1



Show one pencil/stick.
Break it easily.

Ask: “Was that difficult?”

STEP 2



Hold together several pencils/sticks
bundled tightly.

Try to break them.

Ask: “Why is this harder?”

TRANSITION

Say:



“God did not design Christians to live spiritually alone. Jesus strengthens His people together.”

This object lesson will help us remember an important truth!



YOUR ROLE

- ✓ Facilitate discussion, not lecture
- ✓ Encourage honesty
- ✓ Keep students engaged
- ✓ Help quieter students participate
- ✓ Point students back to Scripture and Christ



WHAT YOU'LL NEED

- Bible
- Leader Sheet
- Pencils/sticks
- Rubber bands or tape
- Whiteboard (optional)