

# 00. HOW TO USE THE SYSTEM

Helping students think deeply,  
live faithfully, and follow Christ together.



## HOW TO HANDLE DISCUSSION

- ✓ **Set the tone early.** Remind students to listen, respect, and speak honestly.
- ✓ **Ask good follow-up questions.** Use “why,” “how,” and “what do you think?”
- ✓ **Invite quieter students.** Look for opportunities to include everyone.
- ✓ **Avoid put-downs and sarcasm.** Keep the room safe for honest answers.
- ✓ **Redirect with grace.** If the conversation goes off track, gently guide it back.
- ✓ **Point back to Scripture and Christ.** He is the center of every conversation.



## REAL LIFE EMPHASIS

Every session connects biblical truth to the real world.  
Topics in this series address challenges teens face every day:



**ONLINE LIFE**  
Living in a digital world



**LONELINESS**  
The struggle to belong



**IDENTITY**  
Discovering who God says you are



**FRIENDSHIPS**  
Building healthy relationships



**WORSHIP**  
Why we worship and how it shapes us



**ANXIETY**  
Finding peace in God's truth



**BELONGING**  
The beauty of church family



**PURPOSE**  
Living on mission for Jesus

Help students make these connections every week.



## KEY TRUTHS TO REMEMBER

- 1 Students need truth and belonging.
- 2 Theology should shape everyday life.
- 3 Church life is meant to be relational.
- 4 Discussion strengthens understanding.
- 5 Christ is the center of every session.
- 6 The goal is discipleship, not performance.



## LEADER ENCOURAGEMENT



You do not need to have every answer.  
Teach faithfully, listen carefully,  
love students well, and point them  
consistently toward Christ and His Word.  
Your faithfulness can change a life!



## NEXT STEPS

Before your first session:



Read the overview of Session 01.



Pray for the students and your leadership.



Get familiar with the flow of the session.



Prepare any activities and supplies.



Plan to listen well, ask good questions, and encourage honest answers.



Trust the Holy Spirit to do the work.

