



### Christ Shapes His People Through Gathered Worship

**SESSION AIM**

Help teachers and group leaders explain how worship forms believers spiritually, why gathered worship matters, and how worship shapes the identity, holiness, and witness of the church.

**BIG IDEA**

Biblical worship is not merely emotional expression or religious performance. Christ forms His people through gathered worship by shaping their loves, renewing their minds, strengthening covenant identity, proclaiming truth, and directing the church toward faithful witness and obedience.

**WHAT THIS SESSION BUILDS UPON**

From Leader Sheets 1–11:

- The church is gathered by Christ.
- Christianity is embodied covenant life.
- Worship and mission belong together.
- Holiness strengthens witness.
- The church visibly represents Christ's Kingdom.

This Session Expands:

- Worship as spiritual formation.
- Worship and discipleship.
- Worship shaping identity and holiness.
- Worship forming Kingdom-minded people.

**FOUNDATIONAL SCRIPTURES**

- Romans 12:1–2
- Colossians 3:16
- Hebrews 12:28–29
- Acts 2:42
- Psalm 95:1–7

**PRINCIPLE**

Worship is God-centered participation that forms believers into the image of Christ and sends them into the world for His glory and the good of others.

**RECOMMENDED VISUALS**

- Worship → Formation → Mission
- The Gathered Church
- Embassy of the Kingdom
- Ordinances and Covenant Identity
- Worship as Formation

**NEXT STEPS**

- Continue with RC2 Leader Sheet 13.
- Review the visuals and key scriptures.
- Discuss practical ways to let worship shape everyday life.
- Encourage faithful participation in gathered worship.

### TEACHING FLOW: HOW TO USE THIS SHEET

**1 BEGIN WITH THE PURPOSE OF WORSHIP**

- Worship is directed toward God.
- Worship glorifies Christ.
- Worship belongs to covenant life.
- Worship is not primarily about personal preference.

USE THIS:  
Psalm 95:1–7  
Articles  
Visuals

**KEY EMPHASIS:** Worship centers the church on Christ.

**2 TEACH HOW WORSHIP FORMS BELIEVERS**

- Scripture proclaims and forms.
- Singing fills our hearts with truth.
- Prayer connects us with God.
- Preaching teaches and corrects.
- Ordinances display the Gospel.
- Confession and thanksgiving shape humility.
- Reverence cultivates awe and devotion.

USE THIS:  
Acts 2:42  
Articles  
Visuals  
Key Passages

**KEY EMPHASIS:** Worship shapes the loves and identity of God's people.

**3 CONNECT WORSHIP TO HOLINESS**

- Worship leads to repentance.
- Worship cultivates humility.
- Worship produces obedience.
- Worship renews our minds.
- Worship builds spiritual maturity.

USE THIS:  
Romans 12:1–2  
Articles  
Key Passages

**KEY EMPHASIS:** Worship renews the people of God.

**4 ADDRESS MODERN DISTORTIONS**

- Entertainment-driven worship.
- Emotionalism and hype.
- Consumer preference and choice.
- Performance culture and showmanship.
- Spectator Christianity.

USE THIS:  
Discussion  
Starters  
Examples

**KEY EMPHASIS:** Worship is participatory covenant life, not performance.

**5 CONNECT WORSHIP TO MISSION**

- Worship shapes our mission and witness.
- Worship strengthens Gospel identity.
- Worship sends us into the world faithfully.
- Worship fuels love and service.

USE THIS:  
Colossians 3:16  
Articles  
Visuals

**KEY EMPHASIS:** Worship forms a witnessing people.

**6 APPLY PRACTICALLY**

- Worship attentively and reverently.
- Participate actively in gathered worship.
- Prioritize Scripture-centered worship.
- Allow worship to shape everyday life.
- Encourage Christ-centered worship in the church.

USE THIS:  
Application  
Ideas  
Handouts

**KEY EMPHASIS:** Live a life of worship in every season.

### KEY EMPHASES

**WORSHIP CENTERS THE CHURCH ON CHRIST**

The church gathers to glorify and enjoy Him.

**WORSHIP FORMS BELIEVERS**

Christ shapes His people through the means of grace in worship.

**WORSHIP RENEWS THE MIND**

Biblical worship transforms our desires, thoughts, and affections.

**WORSHIP IS PARTICIPATORY**

The whole church engages together in active, God-centered worship.

**WORSHIP SUPPORTS WITNESS**

Gathered worship strengthens us to live and speak for the Kingdom.

### COMMON CONFUSIONS

- ✗ **"Worship is mainly music preference."** Biblical worship involves the whole gathered life of the church.
- ✗ **"Worship exists to entertain."** The church gathers to glorify Christ, not to perform for consumers.
- ✗ **"Worship is purely emotional."** Biblical worship involves truth, reverence, obedience, and renewal.
- ✗ **"Only leaders participate in worship."** The gathered church worships together as one body.
- ✗ **"Worship ends when the service ends."** Biblical worship shapes all of life under Christ.

### DISCUSSION QUESTIONS

- How does worship shape believers over time?
- What dangers arise when worship becomes entertainment-focused?
- Why is gathered worship participatory rather than performative?
- How does worship connect to holiness and obedience?
- In what ways does worship strengthen Gospel witness?
- How can believers carry worship into everyday life?

### APPLICATION FOCUS

- Worship attentively and reverently.
- Participate actively in gathered worship.
- Prioritize Scripture-centered worship.
- Allow worship to shape everyday life.
- Encourage Christ-centered worship within the church.

### PRAYER FOCUS

- Pray for Christ-centered worship.
- Pray for spiritual renewal.
- Pray for reverence and humility.
- Pray for worship that strengthens witness.
- Pray for Christ to form His people through worship.